

How do you attract your pupils' attention?



I invite you to think for a few moments on what you do to gather the group's attention at the outset of class. Visualise that moment in your mind's eye and observe yourself doing what you normally do to focus attention. Do you use a gesture, a sound, a visual aid or some other method?

When you have a clear picture of what you do note down in this model what you recall:

V(visual) (write here anything your pupils can see you do):

Instructions on the board,

A(uditory) (note here what your pupils can hear you doing):

Clap your hands.....

K(inaesthetic) (describe your feelings and the movements you see in the group):

Group quietens, nerves,

B(reathing) (How are you breathing?):

Low? high?.....

You have probably been able to fill in some more items in the free space. The four letters **VAK/B** summarise the reference model we will use in this book and you can already see its usefulness since it tells you what you do now and what else you could do to focus attention at the outset of your lessons.